

## Standing Calf

The Nautilus Standing Calf machine targets both the inner and outer (gastrocnemius and soleus) calf muscles, with a greater emphasis on the gastrocnemius due to the extended leg position, making it ideal for building overall calf size, strength, aesthetic definition, and athletic performance. Engineered with a curved foot platform for optimal hyperflexion and reduced foot pressure, swivel shoulder pads for comfort, and a precise nearly 1:1 weight ratio. With a 540 lb weight capacity and integrated weight plate storage, it combines performance, durability, and convenience. Perfect for any fitness facility and designed to be the ultimate solution for calf muscle development.



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Number     Description       Height     Bin (200 cm)       Product Weight     483 los (210 kg)       FEATURES, ADJUSTMENTS & MOVEMENTS     Vo., fixed path of motion with upper body pivot bench       FEATURES, ADJUSTMENTS & MOVEMENTS     Vo., fixed path of motion with upper body pivot bench       FRAME SPECIFICATIONS & CABLE INFORMATION     60 Black       Standard upholstery color options     60 Black       Customizable paint/upholstery options available     Fixe with additional fees and extended lead times       Customizable paint/upholstery options available     No       Bolt down locations defined     No       Bolt down locations defined     No       Hardyare type     Molem blend of square and round tubing. Most are 3 or 2.5mm / 11 ga       Uster Bistle leveling system     Yes       Multi-language placards options available     Yes       Multi-language placards options available     Yes       Viser Bottle Holder/Phone Holder     No       Valer Bottle Holder/Phone Holder     No       Valer Bottle Holder/Phone Holder     No       Foot platform     Concurred foot platform to accommodate users of al sizes       Foot platform     Concurred foot platform to accommodate users of	Length	73 in (186 cm)
Product Weight     463 lss (210 kg)       PEATURES, ADJUSTMENTS & MOVEMENTS     No. fixed path of motion with upper body pivot bench       PRAME SPECIFICATIONS & CABLE INFORMATION     Ko. fixed path of motion with upper body pivot bench       Standard rame color options     60 Black       Standard rame color options     60 Black       Standard upholstery color options     Black       Frame finish     Electrostatic Powder coating       Customizable paint/upholstery options available     Yes with additional fees and extended lead times       Customizable paint/upholstery options available     Yes       Bolt down locations defined     Yes       Ustomizable branding options available     No. rubber feet for floor protection       Hardware type     Hex / Button Head       Tubbing style & thickness     Modern blend of square and round tubing. Most are 3 or 2,5mm / 11 ga       USER SPECIFC INFORMATION     Yes       Static placards     Yes       Multi-language placards options available     Yes       Valer Bottle Holder/Phone Holder     No       Grip specifications     Rubber, smaller grips.       Foot platform     Contoured paint to accommodate users of al sizes       Cotoured paids	Width	4 in (110 cm)
FEATURES, ADUISTMENTS & MOVEMENTS       User defined range of motion     No, fixed path of motion with upper body pivot bench       FRAME SPECIFICATIONS & CABLE INFORMATION     Standard frame color options       Standard frame color options     60 Black       Standard upholstery color options     Black       Frame finish     Electrostatic Powder coating       Customizable pain/tupholstery options available     Yes with additional fees and extended lead times       Customizable pain/tupholstery options available     No       Bolt down locations defined     Yes       Integrated leveling system     No, rubber feet for floor protection       Hardware type     Hex/ Button Head       Tubbing style & thickness     Modern blend of square and round tubing. Most are 3 or 2.5mm / 11 ga       USER SPECIFIC INFORMATION     Yes       Static placards     Yes       Multi-language placards options available     Yes       Static placards     Easy to operate safety stop with low load points for safe and simple use       Water Bottle Holder/Phone Holder     No       Grip specifications     Rubber, smaller grips.       Foot platform     Contoured foot platform to accommodate users of al sizes       Contoured pads	Height	81 in (206 cm)
Ver defined range of motionNo, fixed path of motion with upper body pivot benchFRAME SPECIFICATIONS & CABLE INFORMATIONStandard frame color options60 BlackStandard upholstery color optionsBlackFrame finishEdeotrastatic Powder coatingCustomizable pain/upholstery options availableYes with additional fees and extended lead timesCustomizable pain/upholstery options availableNoBolt down locations definedYesIntegrated leveling systemNo, rubber leaf of foro protectionHardware typeMo. Deben dof square and round tubing. Most are 3 or 2.5mm / 11 gaUSER SPECIFIC INFORMATIONYesStatic placardsYesMulti-language placards options availableYesStatic placardsSay to operate safety stop with low load points for safe and simple useViet SPECIFIC INFORMATIONNoStatic placardsRub operate safety stop with low load points for safe and simple useViet Sotte Holder/Phone HolderNoGrig specificationsRub operate safety stop with low load points for safe and simple useViet Sotte Holder/Phone HolderNoCuroured foot platform to accommodate users of all sizesContoured foot platform to accommodate users of all sizesCuroured foot platform to accommodate users of all sizesMulti-Hanguage JolutionAllo Lagrated Olympic plate storageAdd-On Resistance AvailableSi b (20 kg) boornWeight Storage SolutionIntegrated Olympic plate storageAdd-On Resistance AvailableSi b (20 kg) max loca capacity <td< th=""><th>Product Weight</th><th>463 lbs (210 kg)</th></td<>	Product Weight	463 lbs (210 kg)
FRAME SPECIFICATIONS & CABLE INFORMATION       Standard trane color options     60 Black       Standard upholetery color options     Black       Standard upholetery color options     Black       Frame finish     Electrostatic Powder coating       Customizable paint/upholstery options available     Yes with additional fees and extended lead times       Customizable paint/upholstery options available     No       Bolt down locations defined     Yes       Hardware type     No, rubber feet for floor protection       Hardware type     Modern blend of square and round tubing. Most are 3 or 2.5mm / 11 ga       USER SPECIFIC INFORMATION     Ves       Static placards     Yes       Multi-language placards options available     Yes       Vast     Safety catch & stops       Easy to operate safety stop with low load points for safe and simple use     Water Softle Holder/Phone Holder       No     Contoured foot platform to accommodate users of all sizes       Contoured foot platform to accommodate users of all sizes     Contoured foot platform to accommodate users of all sizes       Contoured foot platform to accommodate users of all sizes     Contoured foot platform to accommodate users of all sizes       Contoured foot platform to accommodate users of al	FEATURES, ADJUSTMENTS & MOVEMENTS	
Standard rame color options     60 Black       Standard upholstery color options     Black       Frame finish     Electrostatic Powder coating       Customizable paint/upholstery options available     Yes with additional fees and extended lead times       Customizable paint/upholstery options available     No       Bolt down locations defined     Yes       Integrated leveling system     No, nubber feet for floor protection       Hardware type     No, nubber feet for floor protection       Hardware type     Modern blend of square and round tubing. Most are 3 or 2.5mm / 11 ga       USER SPECIFIC INFORMATION     Yes       Static placards     Yes       Multi-language placards options available     Yes       Static placards     Say operate safety stop with low load points for safe and simple use       Gris psecifications     Rubber, smaller grips.       Foot platform     Contoured foot platform to accommodate users of all sizes       Contoured foot platform to accommodate users of all sizes     Yes (Yes (Yes (Yes (Yes (Yes (Yes (Yes (	User defined range of motion	No, fixed path of motion with upper body pivot bench
Standard upholstery color options     Black       Frame finish     Electrostatic Powder coating       Customizable paint/upholstery options available     Yes with additional fees and extended lead times       Customizable branding options available     No       Bolt down locations defined     Yes       Integrated leveling system     No, rubber feet of floor protection       Hardware type     Modern blend of square and round tubing. Most are 3 or 2.5mm / 11 gs       USER SPECIFIC INFORMATION     Vis       Static placards     Yes       Multi-language placards options available     Yes       Static placards     Yes       Static placards     Yes       Static placards     Yes       Static placards options available     Yes       Vister Bottle Holder/Phone Holder     No       Vater Bottle Holder/Phone Holder     No       Static placards     Contoured foot platform to accommodate users of all sizes       Cotoured foot platform     Contoured foot platform to accommodate users of all sizes       Vesight Storage Solution     Histegrated Olympic plate storage       Add- On Resistance Available     45 lo (20 kg) boom       Vesight Storage Solution	FRAME SPECIFICATIONS & CABLE INFORMATION	
Frame finish     Electrostatic Powder coating       Customizable paint/upholstery options available     Yes with additional fees and extended lead times       Customizable branding options available     No       Bott down locations defined     Yes       Integrated leveling system     No, rubber feet for floor protection       Hardware type     Hex / Button Head       Tubbing style & thickness     Wodern blend of square and round tubing. Most are 3 or 2.5mm / 11 ga       USER SPECIFIC INFORMATION     Yes       Static placards     Yes       Multi-language placards options available     Yes       Safety catch & stops     Easy to operate safety stop with low load points for safe and simple use       Water Bottle Holder/Phone Holder     No       Grip specifications     Rubber, smaller grips.       Foot platform     Contoured foot platform to accommodate users of all sizes       Contoured pads     No       WEIGHT STACK SPECIFICATION     Weight Storage Solution       Weight Storage Solution     Integrated Olympic plate storage       Add- on Resistance Available     54 lb (20 kg) boom       WEIGHT STACK SPECIFICATION     Integrated Olympic plate storage       StipPING     Stipping W	Standard frame color options	60 Black
Customizable paint/upholstery options available     Yes with additional fees and extended lead times       Customizable branding options available     No       Boit down locations defined     Yes       Integrated leveling system     No, rubber feet for floor protection       Hardware type     Hex / Button Head       Tubbing style & thickness     Modern blend of square and round tubing. Most are 3 or 2.5mm / 11 ga       USER SPECIFIC INFORMATION     Yes       Static placards     Yes       Multi-language placards options available     Yes       State stops     Easy to operate safety stop with low load points for safe and simple use       Vater Bottle Holder/Phone Holder     No       Grip specifications     Rubber, smaller grips.       Foot platform     Concoured toot platform to accommodate users of all sizes       Contoured pads     No       WEIGHT STACK SPECIFICATION     Verset of the (20 kg) boom       Weight Storage Solution     Integrated Oympic plate storage       Add- On Resistance Available     540 to (24 kg) max load capacity       SHIPPING     SHIPPING	Standard upholstery color options	Black
Customizable branding options available     No       Bolt down locations defined     Yes       Integrated leveling system     No, rubber feet for floor protection       Hardware type     Hex / Button Head       Tubbing style & thickness     Modern blend of square and round tubing. Most are 3 or 2.5mm / 11 ga       USER SPECIFIC INFORMATION     Yes       Static placards     Yes       Multi-language placards options available     Yes       Safety catch & stops     Easy to operate safety stop with low load points for safe and simple use       Water Bottle Holder/Phone Holder     No       Grip specifications     Rubber, smaller grips.       Foot platform     Contoured foot platform to accommodate users of all sizes       Veight Storage Solution     Hiegrated Olympic plate storage       Veight Storage Solution     Hiegrated Olympic plate storage       Add- On Resistance Available     Stol to (245 kg) max load capacity       Shipping Weight (Boxed)     Stables (235 kg)	Frame finish	Electrostatic Powder coating
Boilt down locations defined     Yes       Integrated leveling system     No, rubber feet for floor protection       Hardware type     Hex / Button Head       Tubbing style & thickness     Modern blend of square and round tubing. Most are 3 or 2.5mm / 11 ga       USER SPECIFIC INFORMATION     Yes       Static placards     Yes       Multi-language placards options available     Yes       State placards     Easy to operate safety stop with low load points for safe and simple use       Water Bottle Holder/Phone Holder     No       Grip specifications     Rubber, smaller grips.       Foot platform     Contoured foot platform to accommodate users of all sizes       Contoured pads     No       Weight Storage Solution     Integrated Olympic plate storage       Add- On Resistance Available     540 to (245 kg) max load capacity       Shipping Weight (Boxed)     518 lbs (235 kg)	Customizable paint/upholstery options available	Yes with additional fees and extended lead times
Integrated leveling system     No, rubber feet for floor protection       Hardware type     Hex/ Button Head       Tubbing style & thickness     Modern blend of square and round tubing. Most are 3 or 2.5mm / 11 ga       USER SPECIFIC INFORMATION     Yes       Static placards     Yes       Multi-language placards options available     Yes       Safety catch & stops     Easy to operate safety stop with low load points for safe and simple use       Water Bottle Holder/Phone Holder     No       Grip specifications     Rubber, smaller grips.       Foot platform     Contoured foot platform to accommodate users of all sizes       Onclude of the graded Olympic plate storage     Stol (20 kg) boom       Weight Storage Solution     Integrated Olympic plate storage       Add- On Resistance Available     540 lb (245 kg) max load capacity       Shipping Weight (Boxed)     518 lbs (235 kg)	Customizable branding options available	No
Hardware typeHex / Button HeadTubbing style & thicknessModern blend of square and round tubing. Most are 3 or 2.5mm / 11 gaUSER SPECIFIC INFORMATIONYesStatic placardsYesMulti-language placards options availableYesSafety catch & stopsEasy to operate safety stop with low load points for safe and simple useWater Bottle Holder/Phone HolderNoGrip specificationsRubber, smaller grips.Foot platformContoured foot platform to accommodate users of all sizesContoured padsNoWEIGHT STACK SPECIFICATIONVergrated Olympic plate storageHote Joage SolutionIntegrated Olympic plate storageAdd- On Resistance Available540 lo (245 kg) max load capacityShipping Weight (Boxed)518 los (235 kg)	Bolt down locations defined	Yes
Tubbing style & thickness     Modern blend of square and round tubing. Most are 3 or 2.5mm / 11 ga       USER SPECIFIC INFORMATION     Yes       Static placards     Yes       Multi-language placards options available     Yes       Safety catch & stops     Easy to operate safety stop with low lead points for safe and simple use       Water Bottle Holder/Phone Holder     No       Grip specifications     Rubber, smaller grips.       Foot platform     Contoured foot platform to accommodate users of all sizes       Outred foot platform     Ves (20 kg) boom       Weight Storage Solution     Integrated Olympic plate storage       Add- On Resistance Available     5(20 kg) max load capacity       Shipping Weight (Boxed)     5(8 lbs (23 kg)	Integrated leveling system	No, rubber feet for floor protection
USER SPECIFIC INFORMATION       Static placards     Yes       Multi-language placards options available     Yes       Safety catch & stops     Easy to operate safety stop with low load points for safe and simple use       Water Bottle Holder/Phone Holder     No       Grip specifications     Rubber, smaller grips.       Foot platform     Contoured foot platform to accommodate users of all sizes       Contoured pads     No       WEIGHT STACK SPECIFICATION     Vegrate difference       Weight Storage Solution     Integrated Olympic plate storage       Add- On Resistance Available     540 lb (24 kg) max load capacity       Shipping Weight (Boxed)     518 lbs (235 kg)	Hardware type	Hex / Button Head
Static placardsYesMulti-language placards options availableYesSafety catch & stopsEasy to operate safety stop with low load points for safe and simple useWater Bottle Holder/Phone HolderNoGrip specificationsRubber, smaller grips.Foot platformContoured foot platform to accommodate users of all sizesContoured padsNoWEIGHT STACK SPECIFICATIONVertice of the storageWeight Storage SolutionIntegrated Olympic plate storageAdd- On Resistance Available540 lo (245 kg) max load capacityShipping Weight (Boxed)518 lbs (235 kg)	Tubbing style & thickness	Modern blend of square and round tubing. Most are 3 or 2.5mm / 11 ga
Multi-language placards options available   Yes     Safety catch & stops   Easy to operate safety stop with low load points for safe and simple use     Water Bottle Holder/Phone Holder   No     Grip specifications   Rubber, smaller grips.     Foot platform   Contoured foot platform to accommodate users of all sizes     Contoured pads   No     WEIGHT STACK SPECIFICATION   Veltaget and the storage     Plate Loaded   45 lb (20 kg) boom     Keight Storage Solution   Integrated Olympic plate storage     Add- On Resistance Available   540 lb (245 kg) max load capacity     Shipping Weight (Boxed)   58 lbs (235 kg)	USER SPECIFIC INFORMATION	
Safety catch & stopsEasy to operate safety stop with low load points for safe and simple useWater Bottle Holder/Phone HolderNoGrip specificationsRubber, smaller grips.Foot platformContoured foot platform to accommodate users of all sizesContoured padsNoWEIGHT STACK SPECIFICATIONVeloget of the storagePlate LoadedAfb (20 kg) boomWeight Storage SolutionIntegrated Olympic plate storageAdd- On Resistance Available540 bb (245 kg) max load capacityShipping Weight (Boxed)518 lbs (235 kg)	Static placards	Yes
Water Bottle Holder/Phone HolderNoGrip specificationsRubber, smaller grips.Foot platformContoured foot platform to accommodate users of all sizesContoured padsNoWEIGHT STACK SPECIFICATIONVoPlate Loaded45 lb (20 kg) boomWeight Storage SolutionIntegrated Olympic plate storageAdd- On Resistance Available540 lb (245 kg) max load capacityShipping Weight (Boxed)518 lbs (235 kg)	Multi-language placards options available	Yes
Active SolutionsRubber, smaller grips.Grip specificationsRubber, smaller grips.Foot platformContoured foot platform to accommodate users of all sizesContoured padsNoWEIGHT STACK SPECIFICATIONPlate Loaded45 lb (20 kg) boomWeight Storage SolutionIntegrated Olympic plate storageAdd- On Resistance Available540 lb (245 kg) max load capacitySHIPPINGStaller grips (Boxed)Shipping Weight (Boxed)518 lbs (235 kg)	Safety catch & stops	Easy to operate safety stop with low load points for safe and simple use
Foot platformContoured foot platform to accommodate users of all sizesContoured padsNoWEIGHT STACK SPECIFICATIONPlate Loaded45 lb (20 kg) boomWeight Storage SolutionIntegrated Olympic plate storageAdd- On Resistance Available540 lb (245 kg) max load capacitySHIPPING518 lbs (235 kg)	Water Bottle Holder/Phone Holder	No
Contoured padsNoWEIGHT STACK SPECIFICATIONPlate Loaded45 lb (20 kg) boomWeight Storage SolutionIntegrated Olympic plate storageAdd- On Resistance Available540 lb (245 kg) max load capacitySHIPPING518 lbs (235 kg)	Grip specifications	Rubber, smaller grips.
WEIGHT STACK SPECIFICATION     Plate Loaded   45 lb (20 kg) boom     Weight Storage Solution   Integrated Olympic plate storage     Add- On Resistance Available   540 lb (245 kg) max load capacity     SHIPPING   518 lbs (235 kg)	Foot platform	Contoured foot platform to accommodate users of all sizes
Plate Loaded 45 lb (20 kg) boom   Weight Storage Solution Integrated Olympic plate storage   Add- On Resistance Available 540 lb (245 kg) max load capacity   SHIPPING 518 lbs (235 kg)	Contoured pads	No
Weight Storage Solution Integrated Olympic plate storage   Add- On Resistance Available 540 lb (245 kg) max load capacity   SHIPPING 518 lbs (235 kg)	WEIGHT STACK SPECIFICATION	
Add- On Resistance Available 540 lb (245 kg) max load capacity   SHIPPING 518 lbs (235 kg)	Plate Loaded	45 lb (20 kg) boom
SHIPPING   Shipping Weight (Boxed)   518 lbs (235 kg)	Weight Storage Solution	Integrated Olympic plate storage
Shipping Weight (Boxed) 518 lbs (235 kg)	Add- On Resistance Available	540 lb (245 kg) max load capacity
	SHIPPING	
SKUS	Shipping Weight (Boxed)	518 lbs (235 kg)
		SKUS

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Core Health & Fitness is more than gym equipment, we offer innovative solutions for all your facility needs. This is why we've brought together five of the most recognizable fitness brands to ensure our customers can offer their members authentic fitness experiences. Whether working with us directly or through our partners and distributors worldwide, we provide the highest quality equipment backed by a service and support team that will always go the extra mile to get you what you need, when you need it. Partner with us and see how our Core Values motivate our every decision.

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