ERGOLINE 2026

MTT Line

Medical Training Therapy



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MTT Line

The perfect training ergometer series for professional medical training therapy.
Various training modes can be easily programmed and are conveniently supported.
A wide range of options allows the ergometers to be expanded and adapted to any patient situation, enabling safe and effective exercise therapy.
Thanks to their independent, mains-free operation, the ergometers of the MTT line can be used anywhere — completely free of disruptive cables and potential tripping hazards.



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optibike basic

The optibike basic is a robust, medically certifi ed ergometer that offers easy operation and includes the fundamental functions of a medical training device. It is equipped with a coded pulse receiver, three training programs, and an LCD display with backlighting.



LCD DISPLAY Basic

With just a few buttons, the monitor is easy and straight-forward to use.

- **Speed-dependent quick start program**
- **Speed-independent watt program**
- **Speed-independent pulse program**
- **Coded Polar® pulse receiver 5 kHz**
- **Clear LCD display**
- **Mains-independent operation**
- **Power range: 25–300 watts, speed-independent**
- **Increments: 5 watts**
- **Speed range: 20–120 RPM**
- **Approved user weight: 130 kg**



optibike

The optibike was developed taking all biomechanical principles into account and thus meets all requirements for an optimal, individual training position. The compact housing and low axle position make it easy to get on and off the bike The seat post has a very wide adjustment range, allowing use by patients with a height of approx. 135 cm to approx. 205 cm.
An optional handlebar adjustment offers additional optimization of the seating position. This allows the handlebars to swivel horizontally and vertically, enabling an upright or athletic seating position.



TOUCH DISPLAY

The capacitive 7“ touch display shines with diverse, appealing views and enhanced representations of training progress, while remaining. easy to use.



- **Speed-dependent quick-start program**
- **Speed-independent watt program**
- **Speed-independent pulse program**
- **Polar® auto connection (5 kHz & Bluetooth® Low Energy), backward compatible and ANT+**
- **Capacitive 7” touch display**
- **Self-powered operation**
- **Vertically and horizontally adjustable saddle**
- **Power range: 15–500 watts, speed-independent**
- **Speed range: 15–140 RPM**
- **Maximum user weight: 150 kg**
- **Various options available**

opticross

The opticross enables patients to train their entire body while in an upright position.The guided movement allows a quick and safe start to training. Long cranks and an ergonomic connection between arm and leg movement ensure a lively stride and comfortable movement. An adjustable speed limit and automatic braking at the end of the training session are key safety features in training therapy and enable a very smooth and joint-friendly movement sequence.

- **Speed-dependent quick-start program**
- **Speed-independent watt program**
- **Speed-independent pulse program**
- **Polar® auto connection (5 kHz & Bluetooth® Low Energy), backward compatible and ANT+**
- **Capacitive 7“ touch display**
- **Self-powered operation**
- **Low step-on height of approx. 17 cm**
- **Forward and backward motion with a stride length of 43 cm**
- **Large, non-slip footplates**
- **Adjustable speed limit for increased safety**
- **Power range: 15–500 watts, speed-independent**
- **Speed range: 15–140 RPM**
- **Max. user weight: 150 kg**
- **Various options available**



optibody

The device is ideal for active work of the upper extremities and can be used for both endurance training and mobilization after joint injuries in the arm and shoulder area. The large adjustment range of the drive unit of 40 cm allows for excellent positioning of the axle height, both for training in a standing and sitting position. The movement itself can be performed forwards and backwards. The standard length-adjustable crank can be switched to synchronous movement (hand bike). The asynchronous movement is ideal for mobilizing the shoulder joint and rotator cuff as well as for regular cardiovascular training. The synchronous movement is preferred for muscle building and is of course also the optimal training for wheelchair users. Ergonomics are further optimized by special handles that do not become uncomfortable even with higher resistance or longer sessions.

- **Speed-dependent quick start program**
- **Speed-independent watt program**
- **Speed-independent pulse program**
- **Polar® auto connection (5 kHz & Bluetooth® Low Energy), backward compatible and ANT+**
- **Capacitive 7“ touch display**
- **Mains-independent operation**
- **Training possible while standing or sitting**
- **Forward and backward movement**
- **V-crank can be set asynchronously or synchronously**
- **Power range: 15–500 watts, speed-independent.**
- **Speed range: 15–140 rpm**
- **Max. user weight: 150 kg**
- **Various options available**



optiseat

The optiseat is a comfortable training device for patients with neurological or orthopedic limitations, as well as for obese patients. This device features an extended step-through. It also has handles for safe mounting and dismounting and a standard backrest adjustment.

This device is also available with a wider swivel seat, high armrests for easier mounting and dismounting, and a maximum patient weight of 250 kg

- **Speed-dependent quick start program**
- **Speed-independent watt program**
- **Speed-independent pulse program**
- **Polar® auto connection (5 kHz & Bluetooth® Low Energy), backward compatible and Ant+**
- **Capacitive 7“ touch display**
- **Mains-independent operation**
- **Horizontally adjustable seat**
- **Backrest adjustment**
- **Power range: 15–500 watts, speed-independent**
- **Speed range: 15–140 RPM**
- **Max. user weight: 150 kg**
- **Various options available**



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PREMIUM QUALITY

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Some of the illustrations in this brochure show options which must be purchased separately. The information provided is based on data valid at the date of printing. Subject to modifications. 01/2026