

Squat Rack

The Throwdown Squat Rack is a staple for any training space, delivering simplicity, durability, and performance in a compact footprint. Its molded urethane bar holders and multiple racking options accommodate lifters of all sizes, while built-in storage and adjustable safety catches make it functional and gym-floor ready.



PRODUCT DIMENSIONS	
Width	80 in (203 cm)
Length	71 in (180 cm)
Height	79 in (201 cm)
Overall Weight	445 lb (202 kg)
Shipping Weight (Boxed)	476 lb (216 kg)
ADJUSTMENTS	
Assisted Adjustments	Gravity assisted with multiple bar placement options for users of all sizes and exercise variation
FRAME SPECIFICATIONS	
Standard Frame Color Options	-60 Black
Frame Finish	Electrostatic Powder coating
Customizable Paint Options Available	Yes with additional fees and extended lead times
Bolt Down Locations Defined	Yes
Integrated Leveling System	No, rubber feet for floor protection
Hardware Type	Hex / Button Head
Tubbing Style & Thickness	Modern blend of square and round tubing. Most are 3 or 2.5mm / 11 ga
USER SPECIFIC INFORMATION	
Safety Catch & Stops	Adjustable safety catch system for exercise variation and user safety
Water Bottle Holder	No
Phone Holder	No
Plate Loaded	Standard Olympic plate storage, features six pegs per side to accommodate all weight plate configurations
Weight Storage Solution	Molded urethane bar holders for quiet, safe Olympic bar placement

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