


4' SVA Stand Alone Bamboo Platform II

Engineered for Olympic and power lifting in smaller spaces, the Throwdown 4' SVA Stand-Alone Bamboo Platform delivers elite-level shock absorption without the need for a rack. Its proprietary multi-layer design reduces noise, vibration, and bar bounce—creating a quieter, safer training environment. Built with a sustainable bamboo core and textured drop zones, this platform protects both lifters and facility flooring while maintaining a compact footprint.



PRODUCT DIMENSIONS	
Width	95 in (241 cm)
Length	53 in (135 cm)
Height	4 in (10 cm)
Overall Weight	408 lb (185 kg)
Shipping Weight	437 lb (198 kg)
FRAME SPECIFICATIONS	
Standard Frame Color Options	Bamboo platform, black trim
Frame Finish	-60 Black
Customizable Branding Options Available	Yes with additional fees and extended lead times
Bolt Down Locations Defined	Yes
Integrated Leveling System	Yes, floating platform that is tied into frame
Hardware Type	Hex
Tubbing Style & Thickness	Modern, round tubing. Most are 3 or 2.5mm / 11 ga
Foot Platform	Lifting Area: 48 in x 91.5 in x 3.1 in (122 cm x 232.4 cm x 7.9 cm)
SKUS	
9-TDP4D-BB2-SA	





**SUSTAINABILITY**

Bamboo is a highly sustainable crop which requires no fertilizer, pesticides or chemicals. It's natural cultivation does not harm the environment. Bamboo is extremely strong while remaining a light weight building material.