



# PILATES

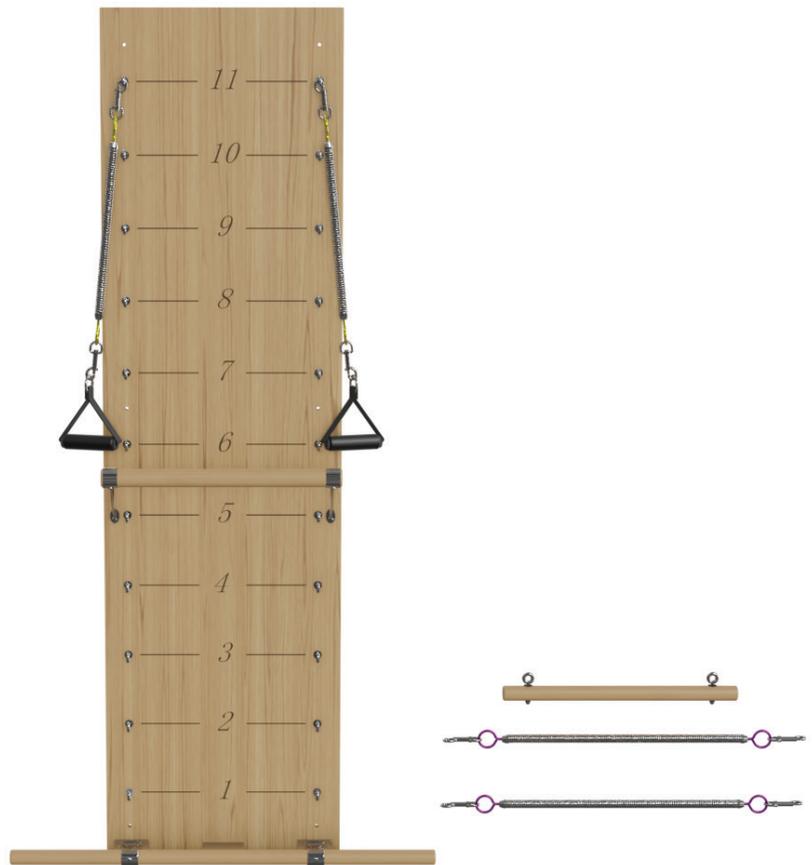
## WALL BOARD 9-4780

The Pilates Wall Board is a simple, versatile system that offers an array of exercises that can be performed in a small space. Built to be mounted to the wall, this space saving piece of equipment provides a sweat-inducing full-body workout that can maximize strength and muscle gains in minimal time.

### FEATURES:

- Full body work out using space saving designs
- Maple wood frame construction
- Long lasting springs
- Easy to read number markings with 22 spring attachment points
- Recessed wood nuts for flush to wall mounting

# PILATES WALL BOARD



## BASE FEATURES

<b>PRODUCT WEIGHT</b>	35 lbs (16 kg)
<b>SHIPPING WEIGHT</b>	44 lbs (20 kg)
<b>PRODUCT FOOTPRINT (L x W)</b>	7.5 in x 36 in (190 mm x 915 mm)
<b>SHIPPING DIMENSIONS (L x W x H)</b>	79 in x 26.5 in x 3 in (2000 mm x 675 mm x 80 mm)
<b>FRAME MATERIAL</b>	Maple Wood
<b>FRAME FINISH</b>	Water sealed
<b>UPHOLSTERY COLOR</b>	N/A
<b>RESISTANCE SYSTEM</b>	4 fully dipped spring hooks to prevent premature spring wear
<b>LOCKING SYSTEM</b>	Spring with integrated snap hook
<b>ADJUSTMENT SYSTEM</b>	Easy to read number markings with 22 spring attachment points
<b>STABILITY SYSTEM</b>	Recessed wood nuts for flush to wall mounting
<b>INCLUDED IN PACKAGE</b>	2 regular yellow springs with snaps 2 long purple springs with snaps Maple roll-down bar & foot bar 2 padded loop 2 Neoprene handles
<b>USER HEIGHT RANGE</b>	4 ft 8 in - 6 ft 2 in
<b>MAX USER WEIGHT</b>	350 lbs (159 kg)

## SKUS

9-4780-MUNBP0

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